

Dear

Re: Substance Misuse Course on Monday 6th June 2011.

We are running a Substance Misuse Course at Dinnington Comprehensive School. It is a 6 week course starting on Monday 6th June 2011, starting at 7pm – 9pm. Please go to school reception and I will meet you outside and parking will be available in the staff car park. The course is very, interactive covering many aspects of parenting, drug awareness and how to cope if a child becomes involved in substance misuse.

The course is specially designed for any parent/guardian or carer and aims to help them:

- **Become better informed about current drug use and related harm**
- **Develop strategies to help their children make informed choices about drug use**
- **Spend time examining their own beliefs and attitudes**
- **Gain community information and access to support**

The programme's six sessions are:

- **Drugs: How bad is the problem?**
- **Why kids take drugs**
- **How to educate kids to make good choices**
- **Prevention tools for parents**
- **Learning to intervene - and where to get help**
- **How to handle relapses**

At the conclusion of the course, those attending will have a much greater understanding of the subject and will receive up to date information and access to any help thus supporting the Schools wider aspirations to further engage and support our community. Parents will also have the opportunity to complete a NCFE Qualification in Substance Misuse which will only take an hour to complete at the end of the course.

Yours sincerely,

Mrs Nichola Kirkham MBE
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